

If interested in using this measure for research and/or clinical purposes, please contact Dr. Marlene Moretti at moretti@sfu.ca for permission to do so.

THE ADOLESCENT ATTACHMENT ANXIETY & AVOIDANCE INVENTORY – SHORT FORM

We are interested in your opinions of your child's behaviour and attitudes over the past 6 months, on average. Please read each sentence and circle a number to show how much you agree or disagree with the statement using the following scale:

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Mildly Disagree	Neutral	Mildly Agree	Agree	Strongly Agree

Note: They/them/theirs are used as gender inclusive pronouns to refer to the one child you are attending the Connect group for.

Over the past 6 months, on average...

1. My child needs a lot of reassurance that they are loved by me.	1	2	3	4	5	6	7
2. My child worries that I don't care about them as much as they care about me.	1	2	3	4	5	6	7
3. My child feels comfortable depending on me.	1	2	3	4	5	6	7
4. My child worries about being abandoned by me.	1	2	3	4	5	6	7
5. My child wishes that my feelings for them were as strong as their feelings for me.	1	2	3	4	5	6	7
6. My child tries to avoid getting too close to me.	1	2	3	4	5	6	7
7. My child worries a lot about their relationship with me.	1	2	3	4	5	6	7
8. My child tells me just about everything.	1	2	3	4	5	6	7
9. Often my child wants to be really closed to me, and this makes me feel like backing away.	1	2	3	4	5	6	7
10. My child usually discusses their problems and concerns with me.	1	2	3	4	5	6	7
11. My child finds it relatively easy to get close to me.	1	2	3	4	5	6	7
12. Whenever we get close, my child pulls back from me.	1	2	3	4	5	6	7
13. My child doesn't mind asking me for comfort, advice, or help.	1	2	3	4	5	6	7

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14. My child feels that I don't want to get as close as they would like.	1	2	3	4	5	6	7
15. My child turns to me for many things, including comfort and reassurance.	1	2	3	4	5	6	7
16. My child is comforted by turning to me in times of need.	1	2	3	4	5	6	7

DO NOT COPY